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## CONTINUITY OF CARE FOR BREECH PREGNANCY IN MRS. D AT PRATAMA NIAR CLINIC, MEDAN AMPLAS DISTRICT, MEDAN CITY IN 2025

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### ABSTRACT

Position fetus with location breech (buttocks) is in the part bottom stomach mother (pelvic area) Position fetus breech in pregnancy can worsening the prognosis of labor Because risky tall cause various complications, both in the mother and baby. possible complications happen among other difficulties moment the exit head last (after coming head), risk lack oxygen (asphyxia), injury brain (intracranial trauma), fracture bone or dislocation, as well as paralysis nerve brachialis. While that, mother pregnant can experience complications like bleeding, road injuries born, and improvement risk infection. Use of position *knee chest* and prenatal yoga exercises help change position fetus breech, namely with do chest- knee position classified as simple and can done independent at home. The method used is report case with SOAP documentation. With method interviews and examinations physical, subject in study This is Mrs. D, 27 years old, G2P1A0 age 30 weeks 3 days pregnant with pregnancy location breech. In the implementation *knee chest position* against rotation head fetus Mother third trimester pregnant with location breech so that get optimal results.

**Keywords:** Pregnant Mother Breech, Prenatal Yoga, Position Knee Chest, Midwifery Care, Third Trimester Pregnancy

### Introduction

World Health Organization (WHO) reported in the year 2023, number death global maternal mortality in 2023 is 197 per 100,000 births live, for reach number death global mothers under 70 by 2030, required level decline annual almost 15%, a rare rate achieved at the level national. However, knowledge scientific and medical available for prevent part big death mother (Sinaga *et al.*, 2024). Approaching 2030, namely the end of the SDG era, now is the time it's time

for intensify effort coordinated, and to mobilize as well as turn on return global, regional, national and community commitments for end death mother who can prevented. (WHO, 2023)

Normal and healthy pregnancy is the period expected by each mother pregnant as well as position the fetus she is carrying (Cunningham, F. G.; Leveno, K. J.; Bloom, S. L.; Dashe, J. S.; Hoffman, B. L.; Casey, B. M.; Spong, 2022). Presentation behind head is location or position normal fetus but



often found Mother experience position fetus butt is at in the bottom stomach mother (pelvic area) Position fetus breech in pregnancy can worsening the prognosis of labor Because risky tall cause various complications, both in the mother and babies. In babies, possible complications happen among other difficulties moment the exit head last (after coming head), risk choking or aspirations, shortcomings oxygen (asphyxia), injury brain (intracranial trauma), fracture bone or dislocation, as well as paralysis nerve brachialis. While that, mother pregnant can experience complications like bleeding, road injuries born, and improvement risk infection.(Taner Gunay, 2020)

Two methods can be used used for help change position fetus breech \, namely with do knee -chest position and prenatal yoga exercises (Situmorang. Friza Novita., 2024). Usually, the health like midwife will recommend Mother pregnant for do chest-knee position Because method This classified as simple and can done in a way independent at home (Yessica Geovany Sianipar *et al.*, 2023). The goal of technique This is for help shift position fetus become location head. (Nursanti and Kusumawaty, 2021)

So the case on fof give knowledge and supervision condition during pregnancy mother so as not to happen complications period next. Author need do Appropriate Comprehensive Care with problem on. (Böhm *et al.*, 2025)

### Research Method

Research method applied to Mrs. D is study descriptive, which describes problems that occur Now. Type of research used adalan study action or action. Research This covering giving solutions, improve ability and quality in service

furthermore so that can finish the problem that occurred. And the location study conducted at the Niar Primary Clinic, Jl. Pelita no. 91, Timbang Deli, Medan Amplas District, Medan City, North Sumatra. (Sinaga, 2021)

### Result

Visit First Pregnancy October 16, 2024 at 1:20 PM WIB. Mother said results USG with pregnancy location breech and new do his visit to midwife date 10/14/24 with position fetus with location breech (buttocks). From the results inspection condition general Mother okay, first BP: 100/70 mmHg HR: 80x/ i, RR: 24x/ i, Temp: 36 C, DJJ 145x/ i. TFU 29 cm, Recommend Mother often do Knee chest position (prostrating) is done 2-4 times a day in 15 minutes, for help position the fetus returns to normal. (MSc, 2024)

Visit second, date 10-11- 2024 mother sigh easy congested breath and lost moment rest. results inspection condition general Mother okay, first BP: 100/80 mmHg HR: 80x/ i, RR: 24x/ i, Temp: 36 C. DJJ 140x/I, TFU 31 cm. Reassuring Mother Certain giving birth normally and explain to Mother that shortness of breath experienced caused by head baby pressing diaphragm. Recommend Mother for No too doing activities weight, and maintain pattern rest and not worried with the situation. (Siraj *et al.*, 2022)

Visit third, 12-22-2024. Mother complained feel contraction false (Braxton Hicks) At night day. And subside with itself. From the results inspection condition general Mother okay, first BP: 100/70 mmHg HR: 80x/ i, RR: 24x/ i, Temp: 36 C.DJJ:143x/I, providing support to the mother Certain giving birth normally. And tell Mother sign sign labor that and tell



Mother still connected if happen sign sign said. (Purnani, 2021)

Visit Delivery in December 29, 2024 at: 06.00 WIB, mother come to Clinic Primary Niar with age 39 weeks 6 days pregnant aterm. Mother said Already I've been having cramps since 2:30 a.m. WIB. My mother came. to the clinic at 06.00 WIB. Come with complaints of a spreading cramp waist and pullout sign mucus mixed blood from road born. palpable in the fundus butt with Leopold 2 palpated the vagina and parts extremities fetus part right side of the mother's abdomen, with DJJ: 143x/I, then done inspection in VT obtained 7 cm opening with amniotic fluid (+) his 4x/10"/45". (Nursanti and Kusumawaty, 2021)

Second period at 06.30 WIB help labor baby new born. Stage III 16.45 gave birth placenta and fourth stage of labor monitoring for 2 hours. Visit Postpartum done 4 times and visits baby new born. And not obtained complications during the examination and monitoring process. And the family planning visit was conducted on 16-02-2025, mother choose MAL KB method which is not disturbing breast milk. And still do monitoring success of KB MAL. (Gaffield and Egan, 2014)

## Discussion

Continuity of Care Midwifery for Mrs. D with Breech Presentation in the Clinic Primary Niar City of Medan on October 16, 2024, then writer will discuss problems that will arise in cases Care Midwifery Continuity of Care for Mrs. D with Breech Pregnancy with compare existence gap theory and cases. (Choudhary *et al.*, 2020)

First step patient data collection with subjective and objective data and examination supporting, and not found gap

in data collection. Issues raised pregnancy location breech with management give motivation for mothers No too anxious, teaching Mother position *knee chest* According to theory journal Nurhayani & Indayani, (2023), mechanism Elkins done by mother pregnant with knee chest position for 15 minutes Can done at least  $\pm 3-4x$  a day for 5 days, 91% of positions were obtained fetus changed spontaneous and all woman give birth to normally. (Aliza *et al.*, 2025)

And evaluate with effectiveness care that has been given, the care given to Mrs. D started with assessment until implementation, already find action in accordance with existing problems and cases. And in the next step This not found gap between theory and cases. (Akhmalia *et al.*, 2025)

## Conclusion and Suggestion

Activity COC care for Mrs. "D" at the time the third trimester of pregnancy starts from October 16, 2024 to February 16, 2025, the author do COC guidance with objective success care Continuity Of Care. The studies that have been done performed on Mrs. "D" aged 27 years since pregnancy until to the period of use of contraceptives (KB) carried out by the author so that plan care walk with fluent. (Kehamilan, Persalinan and Lahir, 2025)

It is hoped writer capable know care that has been given by power health and standards standard midwifery that must be obtained by mother from pregnancy, childbirth, postpartum, infancy new birth, family planning so that family and writer can support all care that will be given, and able monitor condition mother and baby so that Mother get correct and proper care. (Estiningtyas *et al.*, 2025)



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